

**NOTICE—MOSQUITO BITES CAUSE MALARIA. IF YOU ARE IN A MALARIA ZONE, KEEP YOUR SHIRT ON AND YOUR SLEEVES ROLLED DOWN. USE MOSQUITO REPELLENT WHEN OUT OF DOORS BETWEEN SUNSET AND SUNRISE.**

# **RATION, TYPE K BREAKFAST UNIT**



**OPEN INNER BAG CAREFULLY. IT MAY BE USED AS A WATERPROOF CONTAINER FOR MATCHES, CIGARETTES, ECT.**

**FOR SECURITY, DO NOT DISCARD THE EMPTY CAN, PAPER, OR OR REFUSE WHERE IT CAN BE SEEN FROM THE AIR. IF POSSIBLE, COVER WITH DIRT, FOLIAGE, SAND, ECT.**

**PACKAGED BY  
POPECK PACKING COMPANY, INC.  
CAMBRIDGE, MD.**

- 2 PACKAGES BISCUITS (ENERGY CRACKERS).**
- 1 CAN MEAT AND EGGS: EAT COLD, OR AFTER HEATING BY BOILING CAN IN WATER.**
- 1 ENVELOPE--COFFEE POWDER: ADD CONTENTS TO ¾ CANTEEN CUP OF COLD OR HOT WATER WITH SUGAR TO TASTE, AND STIR WELL.**
- 4 LUMPS OF SUGAR.**
- 1 PACKAGE OF 4 CIGARETTES.**
- 1 BOOK OF 10 MATCHES.**
- 1 FRUIT BAR: EAT COLD OR MAKE INTO JAM BY STEWING 3 TO 4 MINUTES IN ABOUT 4 SPOONFULS OF WATER.**
- 1 PIECE OF CHEWING GUM.**

